Parental cognitions during toddlerhood: self and partner perception as parent
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**Background**

1. Parental cognitions are dynamic and affected by temper tantrums (TT), frequent during toddlerhood

   ![Diagram]

   My perception as a parent (Bandura, 1977; Bornstein et al., 2003)

2. Parent perceptions: self-report and/or partner report? (Johnston et al., 2018)

   Most studies: mother self-report

   Some studies: father self-report

   But perceptions differ between:
   - mothers and fathers
   - self-assessment and other-assessment
   - Parents perceptions influence each other

**Aim + Design**

**Phase 1**

**Aim**: to determine how parental self-perception, partner perception and TT are linked during toddlerhood

**Sample**

- Parents of toddler (20-28 months old)
- Living with the child
- French speaking

→ Large sample to develop a model of parental cognitions and TT during toddlerhood

**Measures: questionnaires**

- Self-report: perceived efficacy, satisfaction, role beliefs
- Partner report: perceived partner efficacy, satisfaction and role beliefs

+ Control variables: child’s temperament, parenting stress, depression

**Phase 2**

**Aim**: based on the phase 1 model, to design an intervention to promote positive parent-child interactions to help parents to deal with temper tantrums

→ Combining cognitive and behavior measures

**References**