

# NMR relaxivity of Ln<sup>3+</sup>-based zeolite-type materials

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A series of zeolite-type silicates containing framework lanthanides and termed Ln-AV-9 have been synthesized. Fundamentally different from conventional zeolites, these materials have the composition (Na<sub>4</sub>K<sub>2</sub>)(Ln<sub>2</sub>Si<sub>16</sub>O<sub>38</sub>)·10H<sub>2</sub>O (Ln = Nd, Sm, Eu, Tb, Gd, Dy). <sup>29</sup>Si and <sup>23</sup>Na MAS NMR spectra of Sm-AV-9 indicate the presence of six and two distinct sites, respectively, in agreement with the crystal structure. Gd-AV9 exhibits a simple Curie paramagnetic behaviour with an effective magnetic moment of 7.97 μ<sub>B</sub>, while Eu-AV-9 has a much lower magnetic susceptibility, with a very shallow temperature dependence. The <sup>1</sup>H longitudinal relaxivities of water (*r*<sub>1</sub>), obtained for aqueous suspensions of several Ln-AV-9 materials with different Ln<sup>3+</sup> ions, are very small (0.04–0.09 s<sup>-1</sup> mM<sup>-1</sup>) and almost independent of the Ln<sup>3+</sup> ion, while their transverse relaxivities (*r*<sub>2</sub>) are much larger (16–60 s<sup>-1</sup> mM<sup>-1</sup>) and proportional to μ<sub>eff</sub><sup>4</sup>, where μ<sub>eff</sub> is the magnetic moment of the lanthanide ion present. While *r*<sub>1</sub> of Gd-AV-9 suspensions is very small, the *r*<sub>2</sub> is substantial and proportional to B<sub>0</sub><sup>2</sup>. The dependence of *r*<sub>2</sub> on μ<sub>eff</sub><sup>4</sup> and B<sub>0</sub><sup>2</sup> has been fitted using the model of outer-sphere diffusion of water around the particles in the long-echo limit. The results indicate that aqueous suspensions of Ln-AV-9, although inefficient in longitudinal relaxation, are very effective in enhancing transverse relaxation, particularly at high magnetic fields. They are, therefore, attractive as T<sub>2</sub> MRI contrast agents.

## Introduction

The development of magnetic resonance imaging (MRI) techniques for medical diagnosis has been accompanied by research on water-soluble paramagnetic metal complexes as contrast agents (CAs).<sup>1–3</sup> Paramagnetic lanthanide chelates are extremely efficient as CAs, because they are very effective in increasing the proton relaxation rates (1/T<sub>1</sub> and 1/T<sub>2</sub>) of water. Their efficiency in enhancing relaxation rates is usually expressed in terms of longitudinal and transverse relaxivity, *r*<sub>1</sub> and *r*<sub>2</sub>, defined as reciprocals of T<sub>1</sub> and T<sub>2</sub>, respectively, and expressed in s<sup>-1</sup> per mM of Ln. The relaxivity reflects the efficiency of the nuclear-electron dipolar coupling between the nuclear magnetic moment of the water protons and the electronic magnetic moment of the metal ion, which accelerates the proton relaxation in the surrounding water. The paramagnetic relaxation process is described on the basis of a model considering two distinct contributions: *inner-sphere*, related to the exchange rate between the bound water molecules and bulk water, and *outer-sphere*, related to water

molecules diffusing near the paramagnetic centre during their translational diffusion.<sup>2,3</sup> MRI CAs are used to improve the contrast between normal and diseased tissues. MRI contrast agents must have low charge (osmolality), be highly stable (thermodynamic, kinetic), very soluble, non-toxic and tissue and cell specific.

The Gd<sup>3+</sup> ion has attracted most attention due its large number of unpaired electrons (4f<sup>7</sup>) and relatively long electronic relaxation times.<sup>1</sup> Commercially available MRI CAs for clinical use include [Gd(DTPA)(H<sub>2</sub>O)]<sup>2-</sup> (DTPA = 3,6,9-tris(carboxy methyl)-3,6,9-triazaundecan-1,11-dioic acid) (Magnevist<sup>®</sup>, Schering AG, Berlin, Germany)<sup>4</sup> and [Gd(DOTA)(H<sub>2</sub>O)]<sup>-</sup> (DOTA = 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetate) (Dotarem<sup>®</sup>, Guerbet, Aulnay-sous-Bois, France).<sup>5</sup> Once injected, these small hydrophilic molecules rapidly diffuse from the vasculature into the interstitial space without entering the cells, and are rapidly eliminated by the kidneys.<sup>6</sup> The fast development of MRI has generated an increased demand for organ-specific<sup>7–9</sup> and tissue-targeted CAs. Some examples of targeting groups are antibodies, receptor ligands and enzyme substrates.<sup>10</sup>

Magnetic particles have a wide range of applications as CAs,<sup>11</sup> as their pharmacokinetics depend on the particle size.<sup>12</sup> Intravenous administration is only possible for particle sizes below the μm, and larger particles can only be used for examination of the gastrointestinal tract. Several types of Gd<sup>3+</sup> containing particles have been studied as potential CAs. Gd<sup>3+</sup>-loaded nanoparticles of 120 nm diameter are potential CAs for the gastrointestinal tract and lymph nodes, since such particles are small enough to pass through the vasculature.<sup>13</sup> Fibrin-targeted paramagnetic nanoparticles were recently reported as

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CAs for diagnosis of human thrombus.<sup>14</sup> Gd<sup>3+</sup>-loaded nano-sized ( $d < 100$  nm) mesoporous silica particles have high  $r_1$  and  $r_2$  relaxivities, depending on the Gd<sup>3+</sup> loading.<sup>15</sup>

Conventional zeolites doped with lanthanides have already been used as CAs. Gadolite is a Gd<sup>3+</sup>-modified zeolite NaY for imaging of the gastrointestinal tract.<sup>16–18</sup> Zeolite NaY is a microporous aluminosilicate based on sodalite cages (truncated octahedra), the hexagonal faces of which are joined *via* O bridges. Eight sodalite cages outline a large cavity (or supercage) with a diameter of 12.5 Å. The diameter of the pore window of the supercages, which share a 12-membered ring, is 7.6 Å. The hydrated Ln<sup>3+</sup> ions reside in the supercages, not in the zeolite framework. In aqueous suspensions of these materials, the relaxation enhancement may be described using a two-step mechanism. In the first step, the lanthanide ions and Gd<sup>3+</sup> inner-sphere water molecules exchange with the water molecules in the zeolite cavities, while in the second step the latter exchange with the bulk water.<sup>19</sup> These suspensions have potential as  $T_1$  contrast agents at low field and as  $T_2$  agents at higher fields.<sup>20</sup>

The synthesis of a new class of stable microporous materials has recently been reported, consisting of mixed tetrahedral–octahedral framework silicates containing stoichiometric amounts of Ln<sup>3+</sup> ions in the framework, rather than in the pores (Fig. 1).<sup>21</sup> These aluminium-free zeolite-type silicates (Ln-AV-9) are fundamentally different from conventional zeolites, have the composition  $(\text{Na}_4\text{K}_2)(\text{Ln}_2\text{Si}_{16}\text{O}_{38}) \cdot 10\text{H}_2\text{O}$  (Ln = Eu, Nd, Tb, Gd, Dy, Sm), and their structure consists of a siliceous double layer linked to a perforated octahedral layer made up of Ln(O)<sub>6</sub> octahedra and NaO<sub>4</sub>(H<sub>2</sub>O)<sub>2</sub> octahedra.<sup>21</sup> As Fig. 1 shows, the water molecules are not coordinated to the Ln<sup>3+</sup> ions, a situation which is in contrast to the Ln<sup>3+</sup>-loaded conventional zeolites. However, Ln1 is relatively close to water molecules in the open spaces of the perforated octahedral layers (see below). The K<sup>+</sup> ions and the water molecules reside within the large channels formed by the planar 8-membered silicate rings. These microporous Ln<sup>3+</sup> silicates have pore sizes of over 4 Å and the crystallite size is in the range 5–10 μm. The Langmuir surface areas (measured from N<sub>2</sub> uptake) are *ca.* 100 m<sup>2</sup>g<sup>-1</sup>.

The structures and morphology of Eu-AV-9 and Tb-AV-9 have been characterised by a range of techniques, in particular

electron microscopy (SEM, TEM), powder X-ray diffraction, thermogravimetric analysis and solid-state NMR.<sup>21</sup> Here we study the magnetic properties of Gd-AV-9, further analyse the structure of Sm-AV-9 by <sup>29</sup>Si, <sup>23</sup>Na and <sup>17</sup>O solid-state NMR, and evaluate the potential of Ln-AV-9 as CAs for MRI.

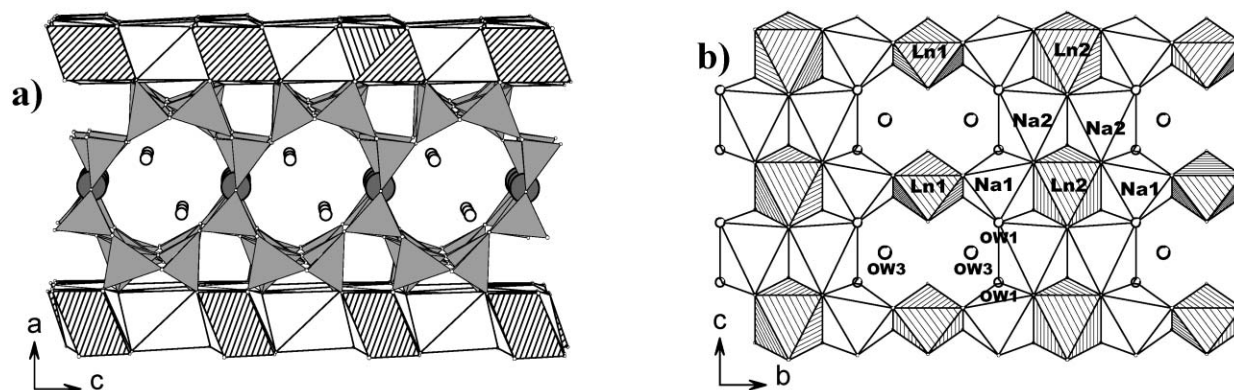
## Experimental

The synthesis of the AV-9 was described by Ananias *et al.*<sup>21</sup> <sup>23</sup>Na and <sup>29</sup>Si MAS NMR spectra were recorded at 105.85 and 79.49 MHz, respectively, on an Avance (9.4 T, wide-bore) Bruker spectrometer. <sup>29</sup>Si MAS NMR spectra were recorded with 40° pulses, a spinning rate of 5.0 kHz and 60 s recycle delays. Chemical shifts are given in ppm from TMS. <sup>23</sup>Na MAS NMR spectra were measured using short and powerful radio frequency pulses (0.6 μs, equivalent to a 15° pulse angle), a spinning rate of 15 kHz and a recycle delay of 2 s. Chemical shifts are quoted in ppm from 1 M aqueous NaCl. The triple-quantum <sup>23</sup>Na MAS NMR spectrum of Sm-AV-9 was recorded using the *z*-filter three-pulse sequence. The lengths of the first and second hard pulses (radio frequency magnetic field amplitude  $\nu_1 = 130$  kHz) were 3.6 and 1.3 μs, respectively. The length of the third, soft, pulse ( $\nu_1 = 10$  kHz) was 12.5 μs. The MAS rate was  $\nu_R = 15$  kHz. 180 data points were acquired in the  $t_1$  dimension in increments of 16.7 μs. The ppm scale of the sheared spectrum was referenced to  $\nu_0$  frequency in the  $\nu_2$  domain and to 3.78  $\nu_0$  in the  $\nu_1$  domain (reference: 1 M aqueous NaCl). <sup>17</sup>O MAS NMR spectra were also recorded at 54.227 MHz on a Varian VXR-400 S spectrometer.

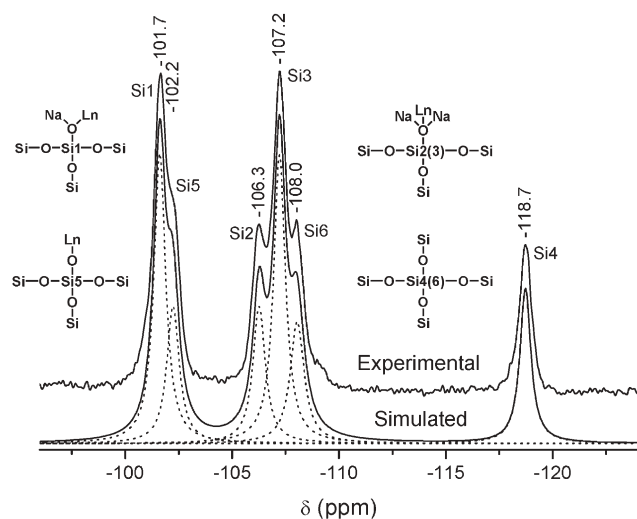
AV-9 suspensions were prepared by mixing the powdered solid with doubly distilled water containing 0.2% of xanthan gum as a surfactant and dispersing them in an ultrasonic bath for 5 min.<sup>19</sup>

<sup>1</sup>H (300.155 MHz), <sup>23</sup>Na (79.353 MHz) and <sup>17</sup>O (40.670 MHz) NMR spectra in aqueous suspensions were recorded on a Varian INOVA-300 spectrometer. The <sup>23</sup>Na and <sup>17</sup>O chemical shifts were measured with respect to external 0.1 M NaCl in D<sub>2</sub>O and D<sub>2</sub>O respectively.

The longitudinal and transverse relaxation times,  $T_1$  and  $T_2$ , were measured at 20, 60 (Mini-spec PC120 and PC160, respectively, spin analysers obtained from Bruker), 100 MHz and 200 MHz (on a Bruker Avance-200 console connected to a



**Fig. 1** Structure of Ln-AV-9 materials: (a) alternating octahedral sheet and double-silicate layer. The channels along the *b* axis are defined by 8-rings and are free from cations; (b) the octahedral layer, which has been cut away (does not represent a projection down the *a* axis).

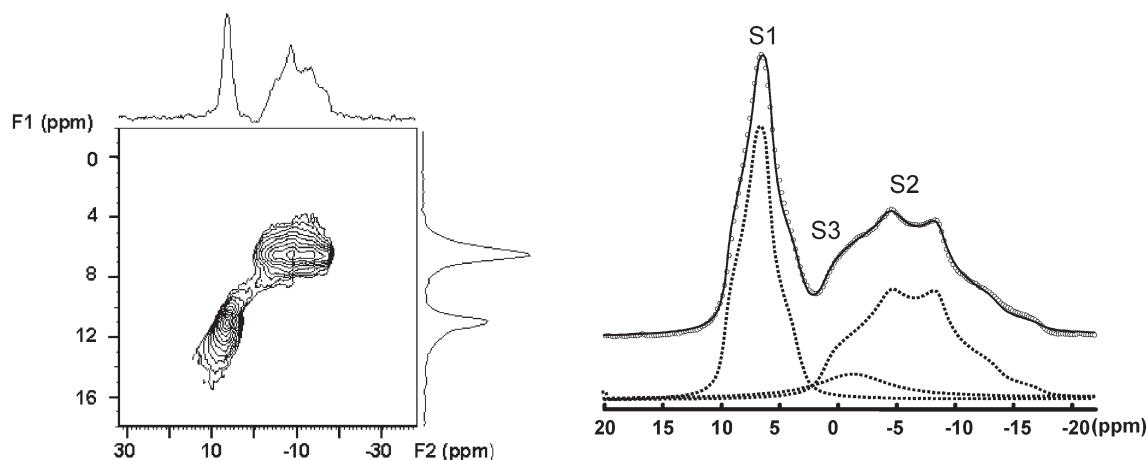


**Fig. 2** Experimental, simulated  $^{29}\text{Si}$  MAS NMR spectrum of Sm-AV-9 and local Si environments.

2.35 T (100 MHz) or 4.7 T (200 MHz) cryomagnet, 300 (Varian-INOVA spectrometer), 400 (Varian VXR-400 S spectrometer), 500 (Varian Unity 500 spectrometer) and 600 MHz (Bruker AMX2-600 spectrometer), using an inversion recovery sequence for  $T_1$  and a Carr-Purcell spin-echo sequence with two refocusing pulses of which the delay was varied for  $T_2$ . The values of  $T_2^*$ , the transverse relaxation time in the presence local field inhomogeneities, were obtained from the water spectral linewidths. All experimental values of relaxation rates were corrected for diamagnetic contributions using suspensions of Y-AV-9 at the same concentration.

The computer fitting of the  $1/T_2$  data was carried out with a homemade computer program using the Micromath Scientist version 2.0 (Salt Lake City, Utah, USA) software.

Magnetic susceptibility measurements were performed with a Quantum Design MPMS5 SQUID (superconducting quantum interference device) magnetometer. The measurements were taken under an applied magnetic field 100 Oe ( $7957 \text{ A m}^{-1}$ ) on heating from 5 K up to 300 K. The sample was previously cooled with the magnetic field applied from room temperature to 5 K.



**Fig. 3** Single-quantum (experimental and simulated) (right) and triple-quantum (left)  $^{23}\text{Na}$  MAS NMR spectra of Sm-AV-9.

## Results and discussion

### NMR structural characterization and magnetism

Because of the paramagnetism of the  $\text{Ln}^{3+}$  ions, good quality  $^{29}\text{Si}$  MAS NMR spectra were only obtained for Sm-AV-9, as  $\text{Sm}^{3+}$  has the lowest magnetic moment. The spectrum in Fig. 2 displays six resonances at  $-101.7$ ,  $-102.2$ ,  $-106.3$ ,  $-107.2$ ,  $-108.0$  and  $-118.7$ , in intensity ratios 2 : 1 : 1 : 2.1 : 1. This is in agreement with the crystal structure of AV-9 which calls for six distinct Si sites, two of which (Si1, Si3) with double population. The peak at  $-118.7$  ppm is assigned to the  $\text{Q}^4 \text{Si}[4\text{Si}]$  environment Si4, because of the well-known correlation between the  $^{29}\text{Si}$  isotropic chemical shift and the average Si-O bond distance ( $1.598 \text{ \AA}$  in Eu-AV-9) and Si-O-Si bond angle ( $154.0^\circ$ ).<sup>22</sup> The second  $\text{Q}^4 \text{Si}[4\text{Si}]$  Si6 environment gives the resonance at  $-108.0$  ppm (average Si-O bond distance  $1.623 \text{ \AA}$  and Si-O-Si bond angle  $148.7^\circ$ ). Si2 and Si5 are  $\text{Q}^3$  environments of the type  $\text{Si}[3\text{Si}; 1\text{Ln}, 2\text{Na}]$  and  $\text{Si}[3\text{Si}; 1\text{Ln}]$ , respectively. Since the Si2 oxygen is linked to 1  $\text{Ln}^{3+}$  and 2  $\text{Na}^+$  ions, it is charge deficient and the resonance at  $-106.3$  is tentatively assigned to it. Thus, site Si5 resonates at  $-102.2$  ppm. The peaks with double intensity at  $-107.2$  and  $-101.7$  ppm are attributed to Si3 and Si1, respectively.

The triple-quantum (3Q)  $^{23}\text{Na}$  MAS NMR spectrum of Sm-AV-9 (Fig. 3) clearly shows the presence of two sites. Some residual intensity between the two peaks suggests that a third faint resonance may be present. Indeed, the simulation of the single-quantum spectrum requires the presence of a third (S3) peak, which we assume to be Gaussian in shape. Within the experimental error, the S1, S2, S3 populations are 1 : 1 : 0.2. The crystal structure AV-9 calls for two sites with 1 : 1 populations and S1 and S2 are attributed to these environments. S3 may be assigned to some  $\text{Na}^+$  cations substituting for  $\text{K}^+$  in the pores or to an amorphous material contaminating the sample (or to both).  $^{23}\text{Na}$  NMR of AV-9 water suspensions revealed some sodium leaching ( $<2\%$  of the total Na), possibly due the partial dissolution of the amorphous material present. Indeed, adding to these AV-9 suspensions the paramagnetic complex  $[\text{Tm}(\text{DOTP})]^{5-}$  shifts, the  $^{23}\text{Na}$  NMR signal to higher frequency. Since  $[\text{Tm}(\text{DOTP})]^{5-}$  is too big to

enter the AV-9 pores, the resonance is, thus, ascribed to a small amount of  $^{23}\text{Na}$  in the water.

The simulation of the single-quantum spectrum yields the quadrupole coupling constant,  $C_Q$ , asymmetry parameter,  $\eta$ , and isotropic chemical shift,  $\delta_{\text{iso}}$ , of S1 and S2, respectively: 1.05 and 1.80 MHz, 0.76 and 0.55, 9.5 and 1.7 ppm. Close examination of the O–Na–O bond angles and Na–O bond distances suggests that the local Na1 environment is more distorted than the Na2 one. Thus, peaks S1 and S2 are tentatively assigned to sites Na2 and Na1, respectively.

$^{17}\text{O}$  MAS NMR spectra of Dy-AV-9 saturated with  $\text{H}_2^{17}\text{O}$  (ca. 20%  $^{17}\text{O}$ -labelling) contain a single unshifted resonance, with spinning sidebands (spectrum not shown), confirming that water molecules reside in the small zeolitic cavities. The  $^{17}\text{O}$  resonance of water in conventional zeolites, such as LnNaY with big cavities, usually show no spinning side bands envelope in MAS spectra, even in the presence of paramagnetic ions.<sup>23</sup> The presence of spinning sidebands suggests that the diffusion of the water molecules is not too fast because they are present in small cavities. The high resolution  $^1\text{H}$  and  $^{17}\text{O}$  NMR spectra of Sm-AV-9 water suspensions, measured without spinning, show sharp resonances at 4.65 and 0 ppm, respectively. Since these signals exhibit almost no lanthanide-induced shifts the exchange between water inside and outside the material is slow on the NMR timescale and the  $^1\text{H}$  and  $^{17}\text{O}$  NMR signals of water inside AV-9 are too broad to be detected.

The magnetic susceptibility of Gd-AV-9 exhibits a simple paramagnetic behaviour following a Curie law with an effective magnetic moment of  $7.97 \mu_{\text{B}}$ , which compares well with the expected value for the  $^8\text{S}_{7/2} \text{Gd}^{3+}$  ground state,  $7.94 \mu_{\text{B}}$ . This indicates that no magnetic coupling occurs between the  $\text{Gd}^{3+}$  ions in the zeolitic framework. The magnetic susceptibility of Eu-AV-9 is much lower, with a very shallow temperature dependence, reaching a constant plateau at low temperature ( $T < 100 \text{ K}$ ). This Van Vleck paramagnetic behavior<sup>24</sup> is characteristic of the  $^7\text{F}_0 \text{Eu}^{3+}$  ground state, which has no magnetic moment, and the temperature dependence arises only through the thermal occupation of states (mostly  $^7\text{F}_1$ ).

### Relaxometric studies

The influence of the concentration of the materials in aqueous suspension on the  $1/T_1$ ,  $1/T_2$  and  $1/T_2^*$  values was studied for Dy-AV-9. The  $1/T_1$  values obtained are proportional to the Dy-AV-9 concentration, giving a relaxivity value  $r_1 = 0.078 \text{ s}^{-1} \text{ mM}^{-1} (\pm 0.015)$  at 300 MHz and 298 K.

The water  $^1\text{H}$   $r_1$  and  $r_2$  values were also obtained for aqueous suspensions of a series of Ln-AV-9 materials ( $\text{Ln}^{3+} = \text{Nd}^{3+}, \text{Sm}^{3+}, \text{Eu}^{3+}, \text{Gd}^{3+}, \text{Tb}^{3+}, \text{Dy}^{3+}$ ). The longitudinal relaxivities at 300 MHz and 298 K (data not shown) are very small and almost independent of  $\text{Ln}^{3+}$  (e.g.,  $r_1 = 0.040$  and  $0.085 \text{ s}^{-1} \text{ mM}^{-1}$  for, respectively, Sm- and Tb-AV-9).

Platas-Iglesias *et al.*<sup>19</sup> have studied GdNaY zeolite nanoparticles, considering a two-step water exchange model to explain the significant longitudinal relaxivities observed. The first step consists in the exchange between one of the seven water molecules coordinated in the inner-sphere of the  $\text{Gd}^{3+}$

ion bound to one oxygen atom of the zeolite framework ( $\text{Gd}^{3+}$ -H distance of  $3.1 \text{ \AA}$ ) and the water molecules within the zeolite supercages (diameter  $11.8 \text{ \AA}$ ), followed by slow diffusion through the zeolite channels (diameter  $7.4 \text{ \AA}$ ) and exchange with the bulk water. This is not observed for Ln-AV-9 because: (i)  $\text{Ln}^{3+}$  ions are embedded in the framework as  $\text{LnO}_6$  octahedra, water molecules have no access to the  $\text{Ln}^{3+}$  inner-sphere and are kept at large distances from it ( $3.9 \text{ \AA}$  in the small cavities of the octahedral layers, and  $6.3 \text{ \AA}$  in the  $4 \text{ \AA}$  diameter pores),<sup>20</sup> thus precluding the first step of the model; (ii) the water diffusion through the zeolitic channels is relatively slow; (iii) their exchange with the bulk water is also slow, as shown by  $^{17}\text{O}$  and  $^1\text{H}$  NMR. The small variation of  $r_1$  with the effective magnetic moment may be ascribed to a dipolar effect.

On the other hand, the transverse relaxivities,  $r_2$ , of these Ln-AV-9 materials, obtained from linear plots of  $1/T_2$  versus Ln-AV-9 concentration, are much larger than the corresponding  $r_1$  values. The plot in Fig. 4 shows a linear dependence of  $r_2$  on  $\mu_{\text{eff}}^4$ , for the Ln-AV-9 (exception for Sm-AV-9) aqueous suspensions at 500 MHz and 298 K, where  $\mu_{\text{eff}}$  is the effective magnetic moment of the lanthanide ions.<sup>1</sup>

The  $r_2$  and  $r_2^*$  relaxivities of Dy-AV-9 were compared at 300 MHz and 298 K, giving  $r_2 = 21.686 \text{ s}^{-1} \text{ mM}^{-1} (\pm 2.954)$  and  $r_2^* = 405.947 \text{ s}^{-1} \text{ mM}^{-1} (\pm 51.876)$ . The much larger values found for  $r_2^*$  than for  $r_2$  suggest the presence of high local field inhomogeneities and the loss of signal due to susceptibility differences, which may occur after only milliseconds.<sup>25</sup>

$^1\text{H}$  relaxometric measurements were also performed as a function of  $B_0$ , in order to study the  $T_1$  and  $T_2$  effects as a function of the  $^1\text{H}$  Larmor frequency. The longitudinal and transverse relaxivities of Gd-AV-9 ( $1.1 \text{ mg ml}^{-1}$ ;  $1.28 \text{ mM}$  of  $\text{Gd}^{3+}$  content, 298 K) are shown in Fig. 5.

The value of  $r_2$  for Gd-AV-9 increases sharply with  $B_0^2$  or the square of the  $^1\text{H}$  Larmor frequency,  $\omega_{\text{H}}^2 = \gamma_{\text{H}}^2 B_0^2$ , where  $\gamma_{\text{H}}$  is the  $^1\text{H}$  gyromagnetic ratio (see solid curve fitting). However,  $r_1$  is almost field independent and much smaller than  $r_2$ . This behavior is typical of the Curie spin relaxation mechanism,<sup>26</sup> resulting from the modulation by the molecular motion of the

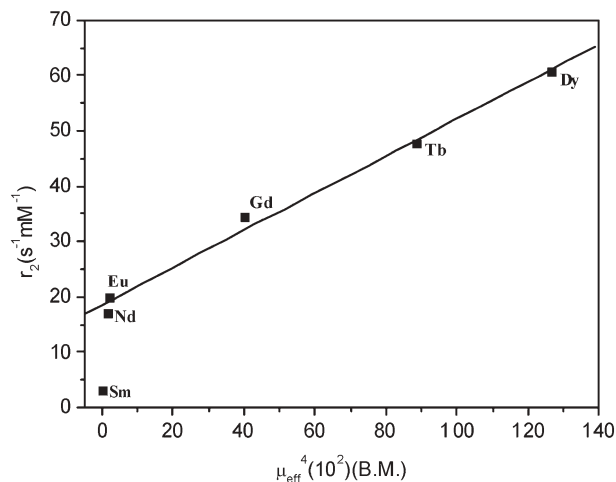
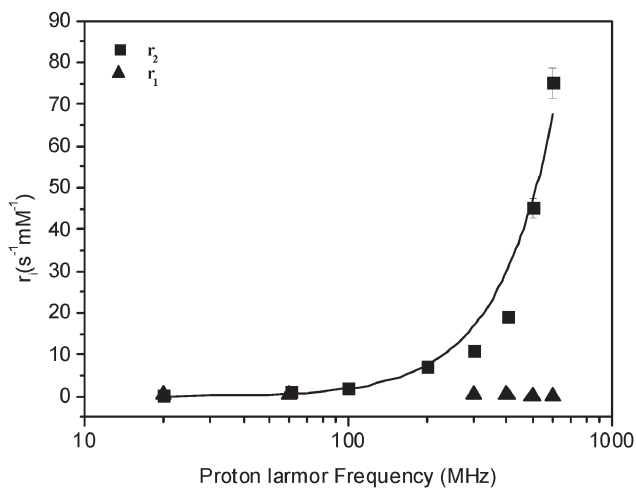


Fig. 4 Plot of water  $r_2$  versus  $\mu_{\text{eff}}^4$  for the Ln-AV-9 aqueous suspensions at 500 MHz and 298 K.



**Fig. 5** Plot of experimental longitudinal (▲) and transverse (■) water relaxivity and calculated transverse water relaxivity (solid line) versus proton Larmor frequency at 298 K for Gd-AV-9 aqueous suspensions.

magnetic dipolar interaction between the water  $^1\text{H}$  spins and the static magnetic moment of the paramagnetic centre, which results from the thermal average of its electronic spin levels. This can be applied to the weakly magnetized particles using the outer-sphere diffusion model,<sup>27</sup> under some limits. These limits depend on the relative magnitude of the following parameters: (i)  $\tau_{\text{CP}}$ , defined as half the interval between successive  $180^\circ$  pulses in a CPMG sequence, (ii)  $\tau_{\text{D}}$ , the time the water  $^1\text{H}$  takes to diffuse to the surroundings of the magnetic ions or particles (no binding) and (iii) the time for a significant amount of dephasing to occur.<sup>28</sup>

The diffusion time is defined as  $\tau_{\text{D}} = r^2/D$ , where  $r$  is the effective radius of the spherical particle (or distance of closest approach) and  $D$  the diffusion coefficient. The relevant parameters in the outer-sphere (OS) theory, where the water  $^1\text{H}$  diffuse past (without binding) the magnetic particles, are  $r$ ,  $\tau_{\text{D}}$ ,  $\Delta\omega_r$  (angular frequency shift at distance  $r$ ) and  $v$  (volume fraction of magnetized particles). Assuming weakly magnetized particles ( $\tau_{\text{CP}} < 1/\Delta\omega_r$ ), long-echo ( $\tau_{\text{CP}} \gg \tau_{\text{D}}$ ) and high field limits, the OS contribution to  $1/T_2$ , in SI units, is:<sup>29</sup>

$$[1/T_2]_{\text{OS}} = (64\pi/135)1000N_{\text{A}}[M]\gamma^2(\mu_0\mu_{\text{C}})^2\tau_{\text{D}}/r^3 \quad (1)$$

where  $N_{\text{A}}$  is the Avogadro's number,  $\mu_0$  the magnetic permeability of vacuum,  $[M]$  the molar concentration of the magnetized particles (in moles  $\text{Ln}^{3+}$  per liter) and  $\mu_{\text{C}}$  their time-averaged magnetic moment. This equation may be rewritten as:

$$[1/T_2]_{\text{OS}} = (4/9)v(\Delta\omega_r)^2\tau_{\text{D}} \quad (2)$$

where  $v = 1000(4/3)\pi r^3 N_{\text{A}}[M]$ , that is, the fractional volume occupied by the particles and  $(\Delta\omega_r)^2 = (4/5)\gamma_{\text{H}}^2(\mu_0\mu_{\text{C}})^2/r^6$ , the mean squared frequency shift at the particle surface,<sup>27</sup> which is obtained by integrating the square of the  $z$ -component of the magnetic field,  $B_z(r, \theta) = (\mu_{\text{C}}/r^3)(1 - 3\cos^2\theta)$ , over a spherical surface of radius  $r$  and dividing by the surface area and the  $^1\text{H}$ - $^1\text{H}$  gyromagnetic radius,  $\gamma_{\text{H}}$ . The 'Curie moment'<sup>26</sup> is  $\mu_{\text{C}} = -\mu_{\text{B}} g_{\text{J}} \langle S_z \rangle$ , where  $\mu_{\text{B}}$  is the Bohr magneton,

$g_{\text{J}}$  the Landé  $g$  factor of the  $J$  manifold of the  $\text{Ln}^{3+}$  electronic ground state, with a spin expectation value  $\langle S_z \rangle = g_{\text{J}}\mu_{\text{B}}J(J+1)B_0/3kT$ ,  $k$  being the Boltzmann constant.<sup>30</sup> The transverse relaxation rate predicted by the outer-sphere effect (eqn. 2) is proportional to  $\mu_{\text{C}}^2$  of the particles, through  $(\Delta\omega_r)^2$ , and thus to  $\mu_{\text{eff}}^4 B_0^2$ :

$$[1/T_2]_{\text{OS}} = C\mu_{\text{eff}}^4\gamma_{\text{H}}^2B_0^2 \quad (3)$$

where  $C = (16/45)\mu_0^2v\tau_{\text{D}}\mu_{\text{B}}^4/r^6(3kT)^2$ ,  $\mu_{\text{eff}}^4 = g_{\text{J}}^4J^2(J+1)^2$  and  $\gamma_{\text{H}}^2B_0^2 = \omega_{\text{H}}^2$ , which is the square of the  $^1\text{H}$  Larmor frequency. Thus, the dependence of  $r_2$  of Gd-AV-9 on  $\omega_{\text{H}}^2$  (Fig. 5) is explained by a Curie spin outer-sphere relaxation mechanism. The linear dependence of  $r_2$  on  $\mu_{\text{eff}}^4$  observed for the Ln-AV-9 series (Fig. 4) also results from the predominance of this relaxation mechanism, although the large intercept ( $18.2 \text{ s}^{-1} \text{ mM}^{-1}$ ) reflects the contribution of other mechanism(s), e.g., a residual dipolar contribution from the  $\text{Ln}^{3+}$  ions closest to the water molecules diffusing next to the large (*r ca.*  $3.5 \mu$ ), slowly diffusing ( $\tau_{\text{D}}$  *ca.*  $5.33 \text{ ms}$ ) particles.

## Conclusions

Microporous paramagnetic silicates with stoichiometric amounts of  $\text{Ln}^{3+}$  ions in the framework, follow a simple Curie paramagnetic behaviour and are not efficient  $T_1$  contrast agents. The  $r_1$  of Gd-AV-9 suspensions is almost independent of the applied magnetic field. The enhancement of the longitudinal relaxation rate of water  $^1\text{H}$  *via* the dipolar mechanism is low due to the relatively large distance between the water  $^1\text{H}$  in the zeolite cavities and the framework  $\text{Ln}^{3+}$  ions. Furthermore, this small effect is not propagated to the bulk because the diffusion of water through the small zeolitic pores is slow. However, Ln-AV-9 (except Sm-AV-9) have large transverse relaxivities ( $r_2 = 16\text{--}60 \text{ s}^{-1} \text{ mM}^{-1}$ ), proportional to  $\mu_{\text{eff}}^4$  of the  $\text{Ln}^{3+}$  and increase proportionally to  $B_0^2$ . The  $\mu_{\text{eff}}^4$  and  $B_0^2$  dependence of  $r_2$  was fitted using the model of outer-sphere diffusion of water around the particles in the long-echo limit. Thus, the particles containing  $\text{Ln}^{3+}$  ions with large  $\mu_{\text{eff}}$  values ( $\text{Gd}^{3+}$ ,  $\text{Tb}^{3+}$ ,  $\text{Dy}^{3+}$ ) are very effective  $T_2$  MRI CAs, particularly at high magnetic fields. The  $r^{-4}$  dependence of  $r_2$  of the particles on their effective radius ( $r$ ) should also result in a dramatic  $r_2$  increase with the decrease of particle size. As each particle contains a large number of  $\text{Gd}^{3+}$  ions per unit weight, these compounds may find applications in targeting CAs. A particular advantage of these materials is that they do not contain aluminium and the leaching of  $\text{Ln}^{3+}$  ions is difficult because they are part of the framework.

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