# Fabrication of Nanofibrous PVA/Alginate-Sulfate Substrates for Growth Factor Delivery

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<td>Akbari, Mohsen; University of Victoria, Mechanical Engineering Mohammadi, Sajjad; Pasteur Institute of Iran, Cell Bank of Iran Bonakdar, Shahin; Pasteur Institute of Iran, National Cell Bank Department Ramakrishna, Seeram; National University of Singapore, NUS Nanoscience and Nanotechnology Initiative; Shokrgozar, Mohammad; Pasteur Institute of Iran, National Cell Bank Semnani, Dariush; Isfahan University of Technology, Department of Textile Engineering Sadeghi, Davoud; Amirkabir University of Technology, Biomedical Engineering Laurent, Sophie; Universite Mons-Hainaut Faculte Medecine-Pharmacie, Pharmacy</td>
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Fabrication of Nanofibrous PVA/Alginate-Sulfate Substrates for Growth Factor Delivery

Sajjad Mohammadi1,2, Seeram Ramakrishna3,6, Sophie Laurent4,7, Mohammad Ali Shokrgozar2, Dariush Semnani5, Davoud Sadeghi10, Shahin Bonakdar2,*, Mohsen Akbari1,8,9,*

1Laboratory for Innovations in Microengineering (LiME), Department of Mechanical Engineering, University of Victoria, Victoria, Canada, V8P 5C2.
2National Cell Bank Department, Pasteur Institute of Iran, Tehran 13164, Iran
3Center for Nanofibers and Nanotechnology, Department of Mechanical Engineering, National University of Singapore, Engineering Drive 3, Singapore 117576
4NMR and Molecular Imaging Laboratory, Department of General, Organic and Biomedical Chemistry, University of Mons, 23 Place du Parc, B-7000 Mons, Belgium
5Department of Textile Engineering, Isfahan University of Technology, Isfahan 84156-83111, Iran.
6Institute of CNS Regeneration, Jinan University, Guangzhou, China.
7Center for Microscopy and Molecular Imaging (CMMI), Rue Adrienne Bolland, 8, B-6041 Gosselies, Belgium.
8Center for Biomedical Research, University of Victoria, Victoria, Canada, V8P 5C2
9Center for Advanced Materials and Related Technology (CAMTEC), University of Victoria, Victoria, Canada, V8P 5C2
10Department of Biomedical Engineering, Amirkabir University of Technology (Tehran Polytechnic), Tehran, Iran

Corresponding authors: Prof. Mohsen Akbari (E-mail: makbari@uvic.ca) and Prof. Shahin Bonakdar (E-mail: sh_bonakdar@pasteur.ac.ir)
Abstract

Providing affinity sites on alginate (ALG) matrix enables specific binding of growth factors to the polymer backbone and allows their release in a controlled fashion. In this study, we used a blend of alginate sulfate (ALG-S) and polyvinyl alcohol (PVA) to fabricate electrospun scaffolds capable of delivering a heparin-like growth factor, transforming growth factor-beta1 (TGF-β1). The alginate was sulfated with different degrees of sulfation (DS, from 0.8, 3.4 to 12.4) by a simple process. The success of sulfation was determined by Fourier-transform infrared spectroscopy (FTIR), nuclear magnetic resonance spectroscopy (NMR), elemental analysis, ultraviolet (UV) spectroscopy and staining with dimethylmethylene blue. The physical-mechanical properties of nanofibrous mats were characterized by scanning electron microscopy (SEM), FTIR, energy-dispersive X-ray spectroscopy (EDX), tensile strength and mass loss analysis. Additionally, the release kinetics of transforming growth factor-β1 (TGF-β1) from PVA/ALG-S and PVA/ALG scaffolds were compared. The results showed that the binding and entrapment of TGF-β1 to the nanofibrous scaffolds are improved by the addition of sulfate group to alginate. In conclusion, our results support that nanofibrous scaffold based on PVA/ALG-S can deliver growth factors in tissue engineering application.

Key words: alginate sulfate; poly vinyl alcohol; growth factor controlled fashion; electrospun; tissue engineering; scaffolds.
1. Introduction

Alginate (ALG) is an anionic polysaccharide derived from algae, which has found many applications in tissue engineering and drug delivery due to its biocompatibility, low toxicity, and mild gelation in the presence of calcium ions [1-3]. Alginate is an excellent scaffolding material as it can contain large amounts of water and can provide a three-dimensional (3D) environment similar to the extracellular matrix (ECM) for cells to grow and function in [4-6]. Hence, hydrogels of ALG have been extensively used for applications in skin, cartilage, bone, and cardiac tissue engineering [2, 7-11]. Moreover, ALG is an attractive material for use in sustained delivery of bioactive molecules including drugs, proteins, and cells to wounds or damaged tissues [2]. Despite these excellent properties, pure ALG has several disadvantages including uncontrollable degradation, limited range of mechanical properties and lack of receptors for cellular binding [6, 12-14]. The use of ALG for drug delivery applications has been limited by non-specific ionic binding between the negatively charged ALG molecules and positively charged growth factors which lead to their uncontrolled release [15-17]. Therefore, providing affinity sites on the ALG matrix is crucial for specific binding of growth factors to the polymer backbone, which enables their release in a controlled fashion.

Sulfation state of the extracellular matrix (ECM) plays an important role in the regulation of growth factor signaling in native tissues. Sulfated matrixes made from synthetic or naturally-derived polymers have been recently used as a promising approach for stabilization and delivery of growth factors [18]. Recently, it has been shown that the sulfation of ALG can facilitate its reversible electrostatic interaction with heparin-binding proteins in a manner similar to heparin and heparan sulfate [18-23]. In an interesting study, Cohen et al. showed that the sulfation of ALG improved its binding with ten known heparin-binding proteins [24]. They achieved the sustained release of basic fibroblast growth factors (bFGF) by mixing ALG and ALG-S, and showed that the release profile was a function of the percentage of bFGF bound to the hydrogel. In another study, the same group used ALG-S for sustained release of...
transforming growth factor beta 1 (TGF-β1) to direct the differentiation of human mesenchymal stem cells (hMSCs) towards chondrocytes [25]. Ruvinov et al. used ALG-S to fabricate scaffolds for sequential delivery of three angiogenic factors of vascular endothelial growth factor (VEGF), platelet-derived growth factor-BB (PDGF-BB), and TGF-β1[26]. They showed that these growth factors bound to ALG-S with an affinity similar to heparin. In addition, delivering three factors enhanced the vascularization of tissues compared to scaffolds loaded with only bFGF. Re’em et al. developed a bilayer scaffold from ALG-S for simultaneous delivery of TGF-β1 and osteoinductive bone morphogenetic protein-4 (BMP-4) for cartilage and bone regeneration [25]. This method enabled them to control the migration of stem cells into subchondral defects and direct their differentiation into the appropriate cell lineage. Other growth factors including hepatocyte growth factor (HGF) and insulin-like growth factor-1 (IGF-1) were also delivered by ALG-S carriers for treatment of myocardical infarction [27, 28]. Overall, ALG-S is a promising material for delivering growth factors for tissue engineering applications.

Nanofibrous scaffolds for drug delivery applications offer several advantages including the ability to fine-tune their mechanical and structural properties, their high surface to volume ratio, and having a microstructure that is similar to the ECM [29-31]. Nanofibrous scaffolds have highly porous structures with interconnected pores which can support infiltration, adhesion, proliferation and migration of the cells within the scaffold as well as nutrients and waste exchange [31]. Pore size and distribution, which can be controlled in the electrospinning process, can affect cell infiltration and proliferation within the scaffold [32-35]. Also, interconnectivity of pores in the scaffold is more attainable in a nanofibrous matrix where the continuous form of electrospun nanofibers can generate inter-continuous pathways for delivering oxygen and nutrients to the cells [32, 36]. Currently, electrospinning has proven to be an effective technique for fabrication of nanofibrous scaffolds from polymer solutions [31, 37, 38]. However, fabrication of electrospun scaffolds from naturally-derived hydrogels...
such as ALG/ALG-S remains a challenge. This is because ALG/ALG-S lacks chain
entanglements owing to its rigid and extended chain conformation in aqueous solution. Also,
gelation of the ALG/ALG-S solution begins at very low polymer concentrations [39-42].
Researchers have overcome this challenge by blending the natural polymers with synthetic
polymers [43]. Polyvinyl alcohol (PVA) is a water-soluble and biocompatible synthetic
polymer with good chemical and thermal stability, relatively high tensile and compressive
strength as a result of its chain entanglements, conductivity, surface tension and viscosity of
PVA. These properties can promote electrospinnability of the natural polymers [44-46].
Therefore, blending ALG with PVA improves the electrospinnability and mechanical
properties of the ALG-based scaffolds. To date, many studies have been conducted on the
electrospinning of blended solutions of ALG and PVA [47-49]. However, due to the harsh
manufacturing process that includes the application of organic solvents and high electric
fields, the incorporation of growth factors during the manufacturing process is limited. To
overcome this challenge, the growth factors are typically bound to the scaffolds after the
manufacturing process. Thus, hydrophilicity of PVA is another benefit as it can enhance the
adsorption of proteins on to the nanofibers [39, 50, 51].
In this study, we demonstrated the fabrication of nanofibrous PVA/ALG-S blend scaffolds
using electrospinning for the first time. We optimized the electrospinning parameters for
PVA/ALG and PVA/ALG-S and introduced a physical method for crosslinking the fabricated
scaffolds.
This was achieved by blending ALG-S with PVA followed by physical crosslinking at
elevated temperatures. Morphology, mass loss, tensile strength, 3-(4,5-dimethylthiazol-2-yl)-
2,5-diphenyl tetrazolium bromide (MTT) assay and cell attachment on the surface of the
scaffolds were assessed in vitro. Moreover, the drug-releasing capability of the fabricated
constructs was evaluated by loading TGF-β1 within the scaffold and monitoring the release
profile over one week. TGF-β1 is used as a model growth factor in this study as it has been
shown to have Our results suggest that the electrospun constructs made from PVA/ALG-S are promising scaffolds for local delivery of heparin-like proteins for tissue engineering applications.

2. Results

Figure 1. Fabrication and characterization of electrospun PVA/ALG-S scaffolds. (A) Schematic of the process of synthesizing ALG-S and electrospinning of the scaffold. ALG-S was prepared at different sulfation degrees of low (0.8%), medium (3.4%), and high (12.4%). The inset shows a scanning electron microscopy (SEM) of a typical electrospun scaffold. (B) Optical images of ALG with different sulfation degrees. Increasing the sulfation degree resulted in darker solutions. (C) Concentration of sulfate in ALG-S at different sulfation degrees of low, medium, and high. (D) NMR spectra of ALG and ALG-S. The chemical shifts of C1 and C6 of the guluronic acid can be observed at ~100 and 177 ppm, respectively, which reveals that the sulfation reaction of ALG do not include C1 or C6 substitution.

Alginate sulfate hydrogels were prepared by addition of chlorosulfonic acid (ClSO$_3$H) at different concentrations to ALG to achieve various degrees of sulfation (DS) (Figure 1A).
Elemental analysis was used to quantify the extent of sulfation. Three batches of ALG-S were produced with “high” (12.4%), “medium” (3.4%), and “low” (0.8%) degrees of sulfation and were used in the rest of the experiments. Increasing the DS of the samples resulted in a change in their color from light yellow (ALG-S/Low) to dark brown (ALG-S/High) (Figure 1B). The degree of sulfation was further quantified using the dimethyl methylene blue (DMMB) assay (Figure S1). The color of the solutions changed with the degree of sulfation of the ALG-S samples. The measured concentrations of sulfate in low, medium, and high DS samples were 7.7, 14.1, and 55.1 µg/mL, respectively (Figure 1C). Ultraviolet (UV) absorption spectra of the powders prepared from ALG-S with different degrees of sulfation (Figure S2) showed higher absorption of UV in the range of 260-280 nm for samples with high DS. Nuclear magnetic resonance ($^{13}$C NMR) data demonstrated the chemical shifts of C1 and C6 of the guluronic acid at ~100 and 177 ppm, respectively; this revealed that the sulfation reaction of ALG did not include C1 or C6 substitution (Figure 1D). Furthermore, the chemical shifts of C2, C3, C4, and C5 were found to be between 60–80 ppm, which is in good agreement with previous studies [21, 32]. After sulfation, the chemical shifts of ALG became more complicated and the carbons C2 and C3 moved to lower field positions while C4 and C5 shifted to a higher field position.
Figure 2. FTIR spectra of (A) alginate (ALG), alginate sulfate (ALG-S) and (B) non-crosslinked PVA nanofibers (PVA.F.N.C), crosslinked PVA nanofibers (PVA.F.C), non-crosslinked PVA/ALG-S nanofibers (PVA/ALG-S.F.N.C), crosslinked PVA/ALG-S nanofibers (PVA/ALG-S.F.C). All ALG-S samples are high DS.

Fourier transform infrared (FTIR) spectra of ALG and ALG-S is shown in Figure 2A. For the sulfated alginate, peaks characteristic to S=O stretching were confirmed with FTIR spectra at 1250 cm\(^{-1}\). A minor peak was also detected at 873 cm\(^{-1}\), which represented a symmetrical C–O–S vibration associated to a C–O–SO\(_3\) group. Figure 2B shows the FTIR spectra of non-crosslinked and crosslinked polymers. The characteristic peak in PVA spectra is at 3337 cm\(^{-1}\), which represents the bending vibration of hydroxyl groups. Also, the 2941 cm\(^{-1}\) peak represents CH2, the 1709 cm\(^{-1}\) shows the C=O bending vibration, the 1092 cm\(^{-1}\) stands for the C–O group and 850 cm\(^{-1}\) is attributed to the C–C group stretching vibration [52]. The peaks at 3446 cm\(^{-1}\), 624 cm\(^{-1}\) and 1420 cm\(^{-1}\) correspond to hydrogen-bonded OH groups, asymmetric COO- and symmetric COO- stretching vibrations in ALG, respectively [53, 54]. The spectra showed two absorption peaks, one at ~1050 cm\(^{-1}\) relating to S=O stretching vibration and another one at ~720 cm\(^{-1}\) corresponding to S-O-C vibration. We also noticed two other absorption peaks, one at ~1050 cm\(^{-1}\) relating to the S=O stretching vibration and the other at ~720 cm\(^{-1}\) corresponding to the S-O-C vibration. The peak at 1141 cm\(^{-1}\) is caused by the ether group (C-O-C) in all crosslinked nanofibrous scaffolds [54].

Figure 3 shows the Energy-dispersive X-ray spectroscopy (EDX) results of scaffolds made from PVA, PVA/ALG, and PVA/ALG-S. Point scanning on the surfaces of the scaffolds revealed the presence of O and C elements in the PVA scaffolds, and O, C and Na elements in PVA/ALG scaffolds. An additional S element was detected in PVA/ALG-S due to the sulfation of ALG (Figure 3A). Weight percent of each element was given in Table 1. A map scanning showed the homogeneous distribution of each element on the scaffold surfaces (Figure 3B).
Figure 3. EDX of the electrospun scaffolds. (A) The point scanning of the scaffolds surfaces made from PVA, PVA/ALG, and PVA/ALG-S. (B) The map scanning of the scaffolds surfaces made from PVA, PVA/ALG, and PVA/ALG-S showing carbon (red), oxygen (green), sodium (blue), and sulfate (cyan). All ALG-S samples are high DS.

Table 1. Stoichiometric Ratio of PVA/ALG composites.

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<tr>
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<tr>
<td>PVA/ALG-S</td>
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We characterized the mechanical properties of the fabricated electrospun sheets as these are crucial parameters for design and optimization of engineered tissue substitutes. Tensile stress–strain curves revealed the effect of the crosslinking process on the tensile strength of the scaffolds (Figure 4A). The effect of sulfation on the ultimate tensile strength of crosslinked and non-crosslinked scaffolds is shown in Figure S3B. Our results indicated that the
crosslinking process significantly increased the elongation and ultimate strength of the scaffolds. However, sulfation of ALG had insignificant influence on the mechanical properties of the scaffolds.

**Figure 4.** Physical and release properties of the PVA, PVA/ALG and PVA/ALG-S nanofibrous scaffolds. (A) Representative uniaxial stress-strain curve of crosslinked and non-crosslinked ALG fibrous scaffolds. (B) Released TGF-β1 from nanofibrous scaffolds made from sulfate alginate and bare alginate after 7 days. Error bars represent the SD (n=3; *<0.05).

The degradation profile of the fibrous structures made from PVA, PVA/ALG, and PVA/ALG-S is shown in Figure S3A. All samples were thermally crosslinked. Scaffolds that were made from PVA presented a faster degradation rate compared to those that were made from PVA/ALG blends. The faster degradation rate was attributed to the formation of hydrogen bonding between the carboxylate group of ALG and the hydroxyl group of PVA [55, 56]. No significant change in the degradation rate of sulfated and non-sulfated was observed. We assessed the growth factor binding and entrapment of the nanofibrous scaffolds that were made from PVA/ALG and PVA/ALG-S (Figure S3A). Before the release studies, TGF-β1 was physically adsorbed in the scaffolds for 24 h and washed with phosphate buffer solution (PBS, pH 7.4 at 25 °C) to remove the protein residues on the surface of the scaffolds. The cumulative percentage release of TGF-β1 from scaffolds was then measured in after 1, 24, and 168 h using enzyme linked immunosorbent assay (ELISA). The release of TGF-β1 from
PVA/ALG scaffolds was faster than PVA/ALG-S scaffolds due to the electrostatic interaction of TGF-β1 with ALG-S (Figure 4B).

**Figure 5.** (A) SEM images of the scaffolds made from crosslinked (C) and non-crosslinked (N.C) PVA, PVA/ALG, and PVA, ALG-S scaffolds. (B) Attachment of cells to the scaffolds.

The effect of blending PVA with ALG on the morphology of the nanofibers was assessed using SEM (Figure 5A). Heterogeneous fibers containing many beads were observed in the PVA sample. In contrast, the addition of ALG and ALG-S to PVA led to the formation of uniform nanofibers without any beads. SEM images of the crosslinked scaffolds demonstrated that the morphology of the nanofibers was similar to that of non-crosslinked scaffolds. Cell
attachment to the scaffolds was evaluated by seeding human derived mesenchymal stem cells (hMSCs) on the electrospun scaffolds. Scanning electron microscopy images of the cells were taken after 24 h of seeding (Figure 5B). Due to the faster degradation rate of the PVA scaffolds, larger pore sizes were observed in these scaffolds compared to those that were blended with ALG. Moreover, cells attached better to the PVA/ALG scaffolds as they maintained their integrity due to the slower degradation rate. This was further confirmed by staining the F-actin filaments of the cells after four days in culture (Figure S4A). Figure S4B displays the results of the cell viability of HMSCs was used to evaluate the cytotoxicity of the nanofibrous mats in comparison with the control. All the samples (PVA, PVA/ALG, and PVA/ALG-S nanofibrous scaffold) showed cell viability greater than 90% in accordance to the control extraction media.

We measured the diameter of the fibers in the fabricated nanofibrous scaffolds by analyzing the SEM images of each scaffold. The diameters of randomly-selected fibers (n=100) were measured when the scaffolds were not crosslinked, crosslinked, and exposed to the cells. Figure S5A shows the size distribution for non-crosslinked PVA scaffolds. Fiber diameters were in the range of 97 nm to 2.8 μm with the average diameter of 391±400 nm. Interestingly, blending PVA with alginate significantly affected the uniformity of the fiber diameters in the nanofibrous scaffolds. For example, the size distribution of the fibers made from PVA/ALG was in the range of 137 to 385 nm with the average diameter of 232±52 nm (Figure S5B). However, sulfation of alginate did not have a significant effect on the size distribution and average diameter of the nanofibers (Figure S5C). The range of fiber diameter for scaffolds made from PVA/ALG-S was from 164 to 470 nm, and the average fiber diameter was 273±58 nm. We also investigated the effect of crosslinking on the size distribution of nanofibers. Overall, the size of the nanofibers slightly increased after the crosslinking process (Figure...
The average fiber diameters were 637±532 nm, 275±50 nm, and 239±47 nm for PVA, PVA/ALG, and PVA/ALG-S, respectively. When cells were seeded on the scaffolds, the diameter of the fibers increased considerably due to swelling (Figure S5D-E). The increase in the fiber diameter was more pronounced in structures that were made from PVA alone. The average fiber diameters for PVA, PVA/ALG, and PVA/ALG-S were 2.89±2.0nm, 319±81nm, and 365±91nm, respectively.

3. Discussion

Alginate is a biocompatible hydrogel with many applications in wound healing, drug delivery, and tissue engineering. Alginate gels have been widely used for delivering low molecular weight drugs, in particular when a primary or secondary bond between the drug and the ALG is formed to modulate the release kinetics of the drug. Due to the hydrophilicity and relatively large pore sizes of ALG gels (5 nm) [57], proteins such as VEGF, bFGF, and TGF-β1 can be rapidly released from the ALG microcarriers. However, the kinetics of release cannot be controlled accurately because of the uncontrolled degradation rate of ALG in vivo. In this study, we sulfated ALG to provide affinity sites on the hydrogel matrix for specific binding of growth factors to the polymer backbone. Alginate was sulfated using two protocols. The first protocol was followed as described by Fan et al. [58]. However, elemental analysis indicated that DS of 0.9 % was obtained using this protocol. In order to enhance growth factor adsorption, higher DS is required. Thus, the protocol described by Ronghua et al. was followed to obtain a higher DS of ALG [59]. This method presents some advantages over protocols described in literature [24, 58] including defined DS, high efficiency, simplicity, low cost, etc [60]. Elemental analysis demonstrated that DS of 12.4% was obtained via this process while other applied sulfation protocols resulted in lower DS. Ronghua et al. also reported similar results [59].
The process of ALG sulfation was characterized by $^{13}$C NMR and FTIR. Lack of chemical shift of C1 and C6 in $^{13}$C NMR spectra means that sulfate groups were not added to those carbons and were mainly added to the OH groups (either one of the C2 or C3 or both) of uronic acid. The shift of the carbons C2 and C3 to lower field position was due to the direct attachment of electronegative sulfate ester groups, while the shift of C4 and C5 to higher field positions was a result of indirect attachment to sulfate ester groups, as shown previously by others [24, 58, 59]. The sulfation of uronic acid in ALG was also indicated by the absorption peaks in FTIR spectra of S=O and S-O-C vibration, in good agreement with previous studies [24, 58, 59]. Furthermore, crosslinking of the mixed scaffolds was identified by a peak of ether group (C-O-C) which was obtained from the crosslinking of PVA [54].

Evidence showed the poor electrospinnability of PVA with the molecular weight of 144000 g.mol$^{-1}$. Many beads were formed during the process, mainly due to the instability of the solution. However, when PVA was blended with ALG or ALG-S, more uniform nanofibers were formed. This behaviour is related to the higher viscosity of the PVA/ALG blend compared to the pure PVA [55]. According to the SEM images, it can be concluded that electrospinnability of both PVA and ALG (or ALG-S) have been promoted by blending. Also, blending PVA/ALG and PVA/ALG-S nanofibrous scaffolds resulted in better crosslinking and cell attachment compared to the PVA nanofiber counterpart.

Researchers have used many chemical and physical methods to crosslink PVA based nanofibrous scaffolds in order to reduce their water solubility [61-63]. Since the chemical methods yield toxic products [64, 65], in this study, PVA/ALG and PVA/ALG-S nanofibrous scaffolds were crosslinked by a physical method (heating at 150 °C).

Polyvinyl alcohol with molecular weight of 144000 g.mol$^{-1}$ was used to obtain higher tensile strength [66, 67]. A decrease in the tensile strength of PVA with addition of ALG and ALG-S as a result of the indisposition of homogeneity of the polymeric substrate has been reported previously [68]. Crosslinking increases elongation at the break of the scaffold. In addition,
physically crosslinking enhances the tensile strength of all scaffolds [69, 70]. Moreover, a higher degree of crosslinking of the scaffolds containing ALG and ALG-S lowered the mass loss in comparison with physically crosslinked PVA scaffolds [71]. The ALG-S nanofibrous scaffolds showed a favorable entrapment of the loaded TGF-β1 due to the higher affinity of the ALG-S over ALG for binding to TGF-β1.

Figure 4B displays the results for growth factor delivery and shows the slow release of TGF-β1 from ALG-S fibers in comparison with ALG. In the body, growth factors are attached to heparin and the presence of sulfate groups on alginate structure is similar to heparin structure [16, 17, 60, 72]. Our results demonstrated that sulfation of alginate matrix promoted protein attachment in vitro. Therefore, cells in culture medium (supplemented with 10% FBS) can be adhered to ALG-S faster than ALG due to the higher adsorption of proteins.

The morphology and fiber diameter plays an important role on the interaction of the scaffolds and the cells and the release kinetic of the drugs. We examined the effect of blending alginate and PVA on the microstructure of the electrospun scaffolds and size distribution of the nanofibers. Because of the poor electrospinnibility of PVA, the pore size and size distribution of the fibers were not uniform in the scaffolds that were made from PVA alone. However, blending alginate with PVA improved the ability to electrospinning these materials as demonstrated by the uniform size distribution of nanofibers shown in Figure S5D-F. Overall, the crosslinking process did not influence the size distribution of the scaffolds. However, due to the expansion of the polymers during the thermal treatment, the average diameter of the nanofibers was slightly higher than the non-crosslinked scaffolds. Moreover, when cells were seeded on the scaffolds, the scaffolds that were made from PVA/ALG and PVA/ALG-S showed better integrity.

4. Conclusions
This study reports the first electrospun scaffold made from sulfated ALG. The sulfation of ALG at different degrees was successfully performed and characterized. To enhance the
manufacturability of the sulfated ALG, it was blended with PVA and thermally crosslinked to
form mechanically stable scaffolds. The mechanical properties of the crosslinked blend were
significantly improved compared to the non-crosslinked mixture. We also observed a slightly
slower degradation rate for the PVA/ALG blend compared to pure PVA. The release profile
of TGF-β1 from scaffolds made from sulfated ALG was more sustained compared to the non-
sulfated scaffolds; this shows the potential of such constructs for growth factor delivery in
tissue engineering. Moreover, biocompatibility assessments revealed a favorable and
supportive cellular environment for hMSCs in vitro. All of the findings showed that blending
ALG-S with PVA could overcome the disadvantages of both polymers and result in a suitable
scaffold with tremendous potential for application in tissue engineering.

5. Experimental Section

Materials: Alginate (ALG,100-300 cP, 2%(25°C)), chlorosulphonic acid (ClSO₃H, 99%),
chondroitin sulfate (CS), formamide (1.128-1.132 g.mL⁻¹), tritonX-100, paraformaldehyde,
Hoechst reagents, DMMB and phalloidin were purchased from Sigma Aldrich (USA).
Polyvinyl alcohol (PVA, Mn=144000 g.mol⁻¹ and 98% hydrolysis), acetone, glutaraldehyde
(GTA) (50%), were purchased from Merck company (Germany). Dulbecco modified Eagle
medium (DMEM) and penicillin-streptomycin were purchased from Gibco-BRL, (Life
Technologies, Rockville, MD, USA). Fetal bovine serum (FBS) was purchased from
NanoBioArray, Iran.

Sulfating of ALG: In order to sulfate the ALG, Formamide/ClSO₃H solutions were prepared
with three different ratios (80:1, 80:5 and 80:20), and ALG (10g) was added to each solution.
The mixture was then preserved at 60 °C for 4 h to obtain a brown paste. 200 mL of acetone
was added to precipitate the solution. The precipitate was redissolved in distilled water while
the pH of the obtained solution was adjusted to 11 and dialyzed for 72 h [59].
Preparation of nanofibrous scaffolds: a solution containing 5 wt% of PVA and 1 wt% of ALG
and ALG-S12.4 were electrospun. Also, a PVA solution (10 wt%) was electrospun as control.
The polymer solution was prepared by dissolving PVA in deionized water for 2 h and under continuous stirring at 90 °C. After that, ALG and ALG-S powders were added to the cooled solution at 25 °C separately and the stirring was continued for 3 h to obtain homogeneous polymer blend solutions. To produce electrospun scaffolds, syringes fitted with 21-G needles were utilized. The optimized parameters were 30 kV and 12 cm for distance between the needle tip and the collector and 18 ml.h⁻¹ for flow rate.

Crosslinking of nanofibers: The nanofibrous scaffolds were physically crosslinked by heating at 150 °C for 24 h, and then cooled to 25 °C.

Elemental analysis: Sulfation degree (DS) of the ALG-S samples was determined by high-resolution inductively coupled plasma mass spectrometry (HR-ICP-MS). Specimens were prepared via dissolving 5 mg of ALG-S in 0.1 M HNO₃ (45 mL). The measured sulfur content in ALG-S powder was used to determine the DS. The DS is defined as the average number of sulfate groups per ALG monomer [59] using Equation (1) where x represents the DS [60].

![Total monomer mass = C₆H₅O₆+(x+1) Na⁺+x SO₃⁻+ H₂O](1)

It was expected in Equation 1 that almost 10% water was accompanying the ALG.

Ultraviolet (UV) spectroscopy: UV absorption of the stock solutions (16 µg.ml⁻¹) of different ALG-S powders with determined DS (0%, 0.8%, 3.4% and 12.4%, which was proven by elemental analyses) was analyzed by ePoch spectrophotometer (Biotech instruments, USA). CS was used as control and data was recorded over the wavelength range of 200-800 nm.

Dimethyl methylene blue (DMMB) staining: DMMB binds to sulfated glycosaminoglycans and changes from blue to purple [73, 74]. We proposed that DS can be easily determined by DMMB staining protocol. This assay was performed by an ELISA reader (statfax2100, USA) in a 96 well plate with CS as control at wavelength of 545 nm. Different ALG-S samples with various DS (0%, 0.8%, 3.4% and 12.4%) were used. The stock solutions with different concentrations (0, 0.53, 1.1, 2.15, 5.33, 10.1 and 16 µg.ml⁻¹) and CS in buffer (0.05 M of...
sodium acetate, 0.05% of tween 20, at pH 6.8) were prepared. DMMB (at the concentration of 16 µg.ml\(^{-1}\)) was dissolved in 0.03 M of sodium formate and 0.2% v/v of formic acid. 75 µl of each stock solution, 25 µL of guanidine hydrochloride (2.88 M in buffer) and 200 µL of DMMB solution were added to each well.

**Nuclear magnetic resonance (NMR) spectroscopy:** Both ALG and ALG-S were dissolved in deionized water. \(^{13}\)C NMR experiments were recorded at 25 ºC on a Bruker Avance 400 MHz spectrometer (Bruker BioSpin AG, Germany) equipped with a 5 mm cryogenic CP-TCI z-gradient probe. Tetramethylsilane (TMS) was used as the internal standard. The \(^{13}\)C NMR data were analyzed with TopSpin 3.0 software (Bruker BioSpin AG, Germany).

**Fourier transform infrared (FTIR) spectroscopy:** FTIR spectroscopy (PerkinElmer, USA) was performed to identify the chemical structure of the samples. The specimens were mixed with KBr to make sample pellets prior to examination. The spectra were scanned between 400 and 4000 cm\(^{-1}\).

**Scanning electron microscopy (SEM):** A field-emission scanning electron microscopy (FE-SEM; Philips XL30-Holland) equipped with energy dispersive X-ray spectroscopy (EDX; Link WDX-3PC-USA) was used to investigate the morphology of the nanofibrous scaffolds. Surfaces of the nanofibrous scaffolds were sputter-coated with gold (Au) prior to examination. To evaluate the DS of sulfated ALG, point scanning and map scanning were performed by an EDX.

**Mechanical properties:** Tensile strength of nanofibrous scaffolds were analyzed as described previously [5] using a uniaxial tensile machine (Instron TM - SM, England) with a load cell of 10 N capacity. The scaffolds were cut into rectangular strips of 1×2 cm\(^2\) dimension and fixed vertically on the gripping unit of the tensile tester. Specimens were drawn at a crosshead speed of 10 mm.min\(^{-1}\) and data were recorded every 50 ms.

**In vitro mass loss:** The nanofibrous scaffolds were cut into square shapes and weighed. The scaffold were soaked in phosphate-buffered saline (PBS at pH=7.4) and incubated at 37 ºC.
At specified times specimens were taken out from the incubator, washed with dionized water and vacuum-dried at 40 °C for 48 h [75]. Mass loss of the scaffold was calculated over a 2-month time period using Equation (2).

\[
\text{Mass loss (\%)} = \left( \frac{W_o - W_t}{W_o} \right) \times 100
\]  

(2)

Where \(W_o\) and \(W_t\) are the dry mass of the specimens before and after the degradation, respectively.

**Cell culture:** Human mesenchymal stem cells (HMSCs) isolated from abdominal adipose tissue were supplied from National Cell Bank of Iran, Pasteur Institute of Iran, Tehran, Iran. The medium consisted of DMEM-ham's F12 supplemented with 10% fetal bovine serum and 100 µg.ml\(^{-1}\) penicillin–streptomycin.

**Cell attachment:** In order to investigate the cell attachment by SEM, \(5 \times 10^5\) cells obtained from third subculture of HMSCs were seeded on each specimen and incubated for 4 h. After removal of the culture medium, the specimens were rinsed in PBS twice and fixed by glutaraldehyde 4% solution. The samples were then dehydrated in graded alcohols and sputter coated by gold.

**Cell actin staining:** The cell actin staining was performed according to protocol described in literature [76, 77]. Briefly, the cells were fixed by paraformaldehyde (4% in PBS) and permeabilized using tritonX-100 (0.1% in PBS). Afterwards, the cells were incubated for 45 min by a 0.2 µg.ml\(^{-1}\) solution of phalloidin in PBS to stain the actin filaments. Finally, cell nuclei were stained by a solution of Hoechst (1.5 µg.ml\(^{-1}\) in PBS) for 5 min and electrospun nanofibers were observed by a fluorescence microscope (Hund, Wilovert 30, Germany).

**In vitro cytotoxicity by MTT assay:** To determine the toxicity of the samples, HMSCs used for MTT assay according to ISO 10993-5. The nanofibrous scaffolds were cut into rectangular shapes of 2 cm \(\times\) 1 cm. Each sample was immersed in 1 ml of serum-free culture medium DMEM-ham's F12 for 7 days at 37°C. The serum-free culture medium without nanofibers was also incubated at 37 °C in the mentioned times and used as control. Briefly,
cells were plated into a 96-well microtiter plate at $1 \times 10^4$ cells/well and 100 mL of DMEM-
ham's F12 supplemented by 10% FBS was added to each well and incubated for 24 hours at
37 ºC. After 24 h incubation, the culture medium of each well removed and replaced with 100
mL MTT (Sigma, USA) solution (0.5 mg ml$^{-1}$ in PBS) was added to each well and incubated
for 4 h at 37 ºC. Finally, the MTT solution was removed and 100 mL isopropanol (Sigma,
USA) was added to per well. The plates were then incubated at 37 ºC for 15 min prior to
absorbance measurements. The optical density (OD) was recorded on Absorbance at 570 nm
was read on a multiwell microplate reader (ICN, Switzerland) at 545 nm and normalized to
the control OD. The cell toxicity can be obtained according to the following Equation (3).

\[
\text{Toxicity\%} = 1 - \frac{\text{mean of OD sample}}{\text{mean of OD control}} \times 100 \tag{3}
\]

TGF-β1 release study: A TGF-β1 Enzyme-Linked Immuno-sorbent Assay (ELISA,
Biolegend, USA) kit was used to quantify the release rate of growth factor based on supplier
instructions. 250 ng.ml$^{-1}$ TGF-β1 (Biolegend) was added to each sample (PVA/ALG and
PVA/ALG-S). After 24 h, the remaining growth factor solutions were discarded and fresh
deonized water added. The amount of released TGF-β1 was detected by ELISA reader
(statfax2100, USA) at specified intervals (1 h, 24 h and 128 h).

Statistical analysis: Statistical calculations were performed on GraphPad Prism 6, ANOVA
test was used to analyze the data. p < 0.05 was considered statistically significant.

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6. References:


Supporting Information

Fabrication of Nanofibrous Alginate/Sulfate Substrates for growth factor delivery in Regenerative medicine

Sajjad Mohammadi¹,², Seeram Ramakrishna³,⁶, Sophie Laurent⁴,⁷, Mohammad Ali Shokrgozar², Dariush Sennani⁵, Davoud Sadeghi¹⁰, Shahin Bonakdar², Mohsen Akbari¹,⁸,⁹
Figure S1. UV absorption of the samples.

![UV absorption of the samples.](image)

Figure S2. DMMB stained samples.

![DMMB stained samples.](image)

Figure S3. (A) Representative degradation curves of scaffolds after soaking in DPBS. (B) Tensile strength of crosslinked and non-crosslinked scaffolds made from ALG, ALG-S. Error bars represent the SD ($n=3$; *<0.05).

![Representative degradation curves of scaffolds after soaking in DPBS.](image)
Figure S4. (A) Representative fluorescent image of hMSCs seeded on electrospun ALG-S scaffolds for 4 days and immunostained for F-actin filaments (green) and nuclei (blue). (B) Cell viability of hMSCs in the extraction media obtained from immersion of the fabricated electrospun scaffolds that were made from crosslinked PVA, PVA/ALG, and PVA/ALG-S in the serum free DMEM-ham's F12 medium for 7 days. Error bars represent the SD (n=3; *<0.05).

Figure S5. Fiber diameter and size distribution of nanofibers in the fabricated electrospun scaffolds that were made from non-crosslinked PVA (A), PVA/ALG (B), and PVA/ALG-S (C); crosslinked PVA (D), PVA/ALG (E), and PVA/ALG-S. Fiber diameter and size distribution of scaffolds when human mesenchymal stem cells were seeded on scaffolds made from (G) PVA, (H), PVA/ALG, and (I) PVA/ALG-S.